



to a healthy shell-like pink.

27 Be one of the first to get your hands on Sqoom, right (available at sqoom.de and, later in the year, at Harrods). This futuristic gadget massages the face with ultrasonic vibrations and comes with a variety of different gels to help reduce wrinkles, fade age spots and deep-clean pores.

28 Flirting keeps you young at heart but it can become more of a challenge to bat those lashes as they become sparser. M2 Lashes Eyelash Activating Serum, £120 (available at Harrods), is the latest paint-on treatment that contains B vitamins to accelerate growth

