

The new clinically tested premium anti-aging method acts deep inside the skin and quickly bolsters up wrinkles notably – without injections, at the push of a button.

# :SQOOM® antiAge



Instruction  
Manual

<sup>2</sup> Thank you for purchasing SQOOM. This high-quality concept from the medical and dermatology expert Schick Medical offers a number of active gels and an innovative physical device for highly effective anti-aging results. Cleansing, Massage, Nutrition, Lifting, Whitening and Wrinkle Care programmes are all scientifically proven and dermatologically tested.

SQOOM is an innovative microcomputer-controlled anti-aging treatment using highly developed active gels to regenerate the skin from deep within. The worldwide patented „Synchron-Technology“ features a unique combination of iontophoresis with ultrasound and active ingredients. Your skin will soon be much more radiant and youthful-similar to an intensive treatment in the beauty salon. The easy-to-follow and gentle treatment tightens wrinkles, regenerates connective tissue and develops new cells.

Please read this instruction manual carefully to achieve the best possible results from your SQOOM treatment.

Summary overview	4	<sup>3</sup>
Give your skin what it needs	6	
Application	8	
<b>Application programmes</b>		
Cleansing	10	
Massage	12	
Nutrition	14	
Lifting	16	
Whitening	18	
Wrinkle Care	20	
Maintenance and storage	22	
Technical specification	23	



Highly acclaimed SQOOM concept



## Summary overview

4 Please read this summary overview to get acquainted with your SQOOM. It provides a first impression of the device's operation.

Please use the SQOOM with the treatment gels developed by us. We accept no liability for results when using cosmetics or medicines produced by others.

### Transducer with titanium alloy

Apply a generous amount of active gel.

### Control light

The indicator light on the back of the SQOOM flashes regularly to indicate that it is in operation (only when in contact with skin).

### On/Off Power-Button

Press the button once to activate and/or deactivate the SQOOM.

### Programme button STEP

Pressing the selection button enables you to activate one of 6 programmes.

### Selection MODE

Select, whether you want a treatment in ultrasonic, ion or IONOZYME mode here.

Green LED: Ion mode

Red LED: Ultrasonic mode

### Contact handles right and left

Always hold your SQOOM, touching the contact handles on both sides.

### Intensity LOW/HIGH

Activate the intensity LOW/HIGH by pressing this button.

The LED display shows you the current intensity range.

### Battery control light

Charge the SQOOM until the control light glows green.

### Charging station

Put the SQOOM back into the charging station after every treatment.

This way you always can be sure to have your SQOOM ready for action.



Give your skin what it needs.

6 The outstanding success of SQOOM is based on the perfect interaction of methodology and agents. While the SQOOM device is responsible for the transport, the SQOOM gels ensure the provision of the right and active ingredients. Just like a well-balanced team they jointly provide the skin with everything it needs in order to look fresher, younger and more radiant. And it doesn't take long. Give SQOOM 20 minutes of your valuable time once in a week, and the first visible results will appear within a short period.



**xcentialSkinCare**

Innovative antiAge cream for daily care. Ideal as the final stage in the SQOOM treatment.



**The SQOOM cleanser**

When the skin is cleansed deep down into the pores, all of the keratin, sebum and other products generated from the breakdown of the skin are removed. The skin is left in the perfect state to receive the valuable active substances from the SQOOM xcential hya-Gel which penetrates into the lower layers of the skin. The SQOOM cleanser disinfects the skin and has a gently cooling effect. Aloe vera gel moisturises the skin while panthenol and chamomile extract have a soothing effect. They influence the bacteria flora and ensure beneficial conditions for the skin-friendly micro-organisms.

**The SQOOM xcential hyaGel**

An innovative anti-aging gel made of skin friendly and natural agents. The main ingredient is fragmented hyaluronic acid- fragmented because common hyalurone particles are quite large and bulky and unleash their tightening effect only for a short time and only in the upper skin layers. Special bacteria divide the hyaluronic acid particles included in the SQOOM xcential hyaGel into significantly smaller bits before adding them to the xcential hyaGel. This enables substantially improved penetration of the critical skin layers by higher quantities of the particles, where they fill hollow spaces formed as the skin ages.

**The SQOOM DeSpot**

For a highly intensive treatment of pigmentary abnormalities (pigmented moles and age spots). SQOOM DeSpot is highly effective. It acts exactly where it is needed: on the pigmented mole and not around it. This is accomplished by the DeSpot special gel through a unique combination of sulforaphane and genistein, a similar compound to estrogen. The SUPER Moisturizer contains low molecular bio hyaluronate and aloe leaf juice to intensely moisturise the skin.

8 Clean your skin as usual before each treatment programme. Next, apply one of the active gels generously directly on the transducer or the skin area to be treated, depending on the selected programme.

Now, choose the appropriate treatment programme and hold the SQOOM firmly on both sides, touching the contact handles. Next, lay the transducer on the skin area to be treated and move it softly over the skin in slow circles.

Please note: If you are treating other people with your SQOOM, be sure to touch the other person with your free hand (skin contact), to close the circle and ensure the proper operation of your SQOOM.



**User programmes**

<sup>10</sup> **CLEANSING programme 1**

**Deep cleaning of the skin**

Programme: C

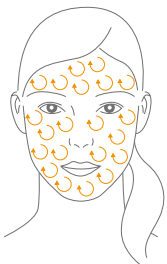
Gel: cleanser

Treatment time: 4 min.



Combined with the cleanser, this level ensures a clean and pure skin. The ionozyme function increases the positive result. Keratin, sebum and other skin degradation products are simply dissolved and washed away with a damp cloth or water after the treatment.

First apply the cleanser generously on the transducer or the skin area to be treated. Hold the SQOOM firmly on both sides, touching the contact handles. Next, lay the transducer on the skin area to be treated and move it softly over the skin in slow circles.



<sup>11</sup> **1.** Clean the skin as usual (Remove makeup, creams and fragrance) and start the SQOOM by pressing the **POWER** button.

**2.** Press the **STEP** button, until the control light **C** (CLEANSING) lights up.

**3.** Next press the **MODE** button to select the functional mode **ION** and **ULTRA**, until both control lights light up.

**4.** Press the **L/H** button to select the intensity **HIGH**.

The diaphane of your SQOOM corresponds to the adjoining graphic, the device is ready for operation and you can start the treatment.

The default operation time is 4 minutes. You can repeat the treatment after the acoustic signal by pressing the **STEP** button repeatedly.

After completing the SQOOM cleansing treatment, please wash your face with a damp cloth or water. Next, you can start with the xcential hyaGel application.

User programmes

12 **MASSAGE Programme 2**

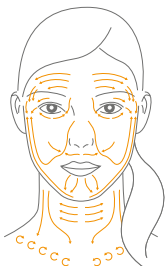
**Skin tightening**

Programme: M  
Gel: xcential hyaGel  
Treatment time: 8 min.



Just like a conventional massage, the SQOOM massage brings back relaxation and elasticity to the skin. Negative and positive ions and sound waves activate the cell spaces and effectively stimulate the metabolism. Your skin beauty improves notably.

First apply the xcential hyaGel generously on the transducer or the skin area to be treated. Hold the SQOOM firmly on both sides, touching the contact handles. Next, lay the transducer on the skin area to be treated and move it softly over the skin in slow circles.



We recommend performing the **CLEANSING** programme prior to each treatment.

1. Start the SQOOM by pressing the **POWER** button.
2. Press the **STEP** button, until the control light **M (MASSAGE)** lights up.
3. Next press the **MODE** button to select the functional mode **ION** and **ULTRA**, until both control lights light up.
4. Press the **L/H** button to select the intensity **LOW** and **HIGH**.

When the diaphane of your SQOOM corresponds to the adjoining graphic, the device is ready for operation and you can start the treatment.

The default operation time is 4 minutes. You can repeat the treatment after the acoustic signal by pressing the **STEP** button repeatedly.

Wash off the remaining gel after the SQOOM treatment. Use the SQOOM xcential SkinCare as an optimal completion and for the daily care.

## User programmes

14 **NUTRITION Programme 3**

**Highly efficient nutrient introduction**

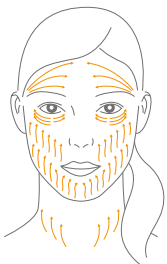
Programme: N  
Gel: xcential hyaGel  
Treatment time: 8 min.



Your skin needs nutrition. The unique ionozyme function strongly activates the cell spaces guaranteeing an efficient introduction of nutrients in combination with the extremely effective xcential hyaGel.

**Note:**  
In case of very sensitive skin, we recommend you to use the W programme (WRINKLE CARE) instead of the N programme (NUTRITION).

First apply the xcential hyaGel generously on the transducer or the skin area to be treated. Hold the SQOOM firmly on both sides, touching the contact handles. Next, lay the transducer on the skin area to be treated and move it softly over the skin in slow circles.



We recommend performing the **CLEANSING** programme prior to each treatment.

1. Start the SQOOM by pressing the **POWER** button.
2. Press the **STEP** button, until the control light **N (NUTRITION)** lights up.
3. Next press the **MODE** button to select the functional mode **ION** and **ULTRA**, until both control lights light up.
4. Press the **L/H** button to select the intensity **LOW** and **HIGH**.

When the diaphane of your SQOOM corresponds to the adjoining graphic, the device is ready for operation and you can start the treatment.

The default operation time is 4 minutes. You can repeat the treatment after the acoustic signal by pressing the **STEP** button repeatedly.

Wash off the remaining gel after the SQOOM treatment. Use the SQOOM xcential SkinCare as an optimal completion and for the daily care.



User programmes

16 LIFTING Programme 4

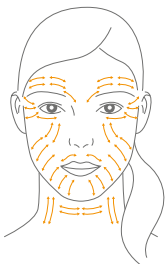
Wrinkle reduction, skin tightening

Programme: L  
Gel: xcential hyaGel  
Treatment time: 8 min.



The regular and careful application of this programme quickly leads to a notable tightening and rejuvenation of the skin. Wrinkles – and in particular deep wrinkles – are significantly reduced. The skin becomes soft and elastic again. The ionozyme function activates the production of body elastin and collagen.

First apply the xcential hyaGel generously on the transducer or the skin area to be treated. Hold the SQOOM firmly on both sides, touching the contact handles. Next, lay the transducer on the skin area to be treated and move it softly over the skin in slow circles.



We recommend performing the CLEANSING programme prior to each treatment.

1. Start the SQOOM by pressing the **POWER** button.
2. Press the **STEP** button, until the control light L (LIFTING) lights up.
3. Next press the **MODE** button to select the functional mode **ION** and **ULTRA**, until both control lights light up.
4. Press the **L/H** button to select the intensity **LOW** and **HIGH**.

When the diaphane of your SQOOM corresponds to the adjoining graphic, the device is ready for operation and you can start the treatment.

The default operation time is 4 minutes. You can repeat the treatment after the acoustic signal by pressing the **STEP** button repeatedly.

Wash off the remaining gel after the SQOOM treatment. Use the SQOOM xcential SkinCare as an optimal completion and for the daily care.

User programmes

18 WHITENING Programme 5

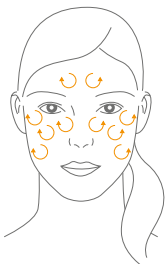
Treatment pigmentary abnormalities (age spots)

Programme: W  
Gel: DeSpot  
Treatment time: 8 min.



Select this programme for a targeted treatment of pigmentary abnormalities and age spots. The introduction of the effective gel enables you to experience a notable reduction in skin discoloration.

First apply the DeSpot generously on the transducer or the skin area to be treated. Hold the SQOOM firmly on both sides, touching the contact handles. Next, lay the transducer on the skin area to be treated and move it softly over the skin in slow circles.



19  
1. Start the SQOOM by pressing the **POWER** button.

2. Press the **STEP** button, until the control light **W** (WHITE-NING) lights up.

3. Next press the **MODE** button to select the functional mode **ION** and **ULTRA**, until both control lights light up.

4. Press the **L/H** button to select the intensity **LOW** and **HIGH**.

When the diaphane of your SQOOM corresponds to the adjoining graphic, the device is ready for operation and you can start the treatment.

The default operation time is 4 minutes. You can repeat the treatment after the acoustic signal by pressing the **STEP** button repeatedly.

Wash off the remaining gel after the SQOOM treatment. Use the SQOOM xcential SkinCare as an optimal completion and for the daily care.

User programmes

20 WRINKLE CARE Programme 6

Gentle programme for sensitive skin

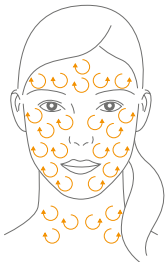
Programme: W  
Gel: xcential hyaGel  
Treatment time: 8 min.



SQOOM has developed a special application programme specifically for the tender and more sensitive facial skin: the WRINKLE CARE programme. The soft massage in combination with the xcential hyaGel tightens the skin tissue and reduces wrinkles with utmost sensitivity.

**Note:**  
In case of extremely sensitive skin, we recommend you always the WRINKLE CARE programme in the first few weeks.

First apply the xcential hyaGel generously on the transducer or the skin area to be treated. Hold the SQOOM firmly on both sides, touching the contact handles. Next, lay the transducer on the skin area to be treated and move it softly over the skin in slow circles.



We recommend performing the CLEANSING programme prior to each treatment.

1. Start the SQOOM by pressing the **POWER** button.
2. Press the **STEP** button, until the control light **W** (WRINKLE CARE) lights up.
3. Next press the **MODE** button to select the functional mode **ION** and **ULTRA**, until both control lights light up.
4. Press the **L/H** button to select the intensity **LOW** and **HIGH**.

When the diaphane of your SQOOM corresponds to the adjoining graphic, the device is ready for operation and you can start the treatment.

The default operation time is 4 minutes. You can repeat the treatment after the acoustic signal by pressing the **STEP** button repeatedly.

Wash off the remaining gel after the SQOOM treatment. Use the SQOOM xcential SkinCare as an optimal completion and for the daily care.



22 Please observe the following instructions for a long service life of your device.

- Store in a dry place and do not wash with water.
- Clean the transducer with a damp cloth.
- Place the device into the charging dock after switching-off and make sure the red LED light glows.
- The red LED light turns green when the charging process has been completed. In the case of charging errors, the red LED will flash.
- If the battery is completely empty charge it for at least 3 hours before using the device again.
- When completely charged the power will last for approximately 4 hours.
- Keep the STEP button pressed for about 3 seconds to indicate the charging status of the battery. If the 6 LED programme lights glow the device is fully charged. If only 2 LED lights glow, the remaining battery power is 30 minutes. A signal tone indicates the battery needs to be recharged.
- The device will automatically switch-off after 2 minutes if not in use.
- The preset application time of each step is 4 minutes. A signal tone sounds after 4 minutes and the device switches to standby mode. The device will switch-off completely if not reactivated within 2 minutes.
- The nominal input voltage is 100-240 V AC, meaning that you use the device while travelling everywhere around the world.
- Remove the power plug from the charging station as soon as the device has been charged completely.
- Always keep electrical contacts clean, free of dust and dry.

<b>Device name</b>	
Device	LFC-06
Series	KTL-SF0700-6001
<b>Charging station</b>	
Line voltage	AC 100-240 V, 50/60 Hz
Weight	133 g
<b>Hand set</b>	
Lithium/Ion battery	
Line Voltage	AC 100 V bis 240 V
Output/Adapter	4.2 V = 1 A
Output	7 W
Weight	194 g (gross)
<b>Ultrasound</b>	
Frequency	1 MHz
Intensity levels	from 0,1 W/cm <sup>2</sup> to 0,5 W/cm <sup>2</sup>
Ionisation	1 Hz/150 µsec pulse range

For recycling reasons, the device should not be disposed of with normal household waste at the end of its service life. You can dispose of the device by returning it to Schick Medical GmbH or corresponding collection points.

23

**Important notes**

Use the SQOOM system only with the treatment gels developed by Schick Medical.

Do not treat one area for longer than 20 minutes a day.

Do not apply SQOOM to areas of skin affected by skin cancer or surgery.

Do not apply SQOOM when wearing a cardiac pacemaker.

In case of a thyroid hyper function, do not apply SQOOM onto the front neck or chest area.

Do not apply SQOOM near joints implants, as this may cause pain.

Do not use SQOOM on the abdomen or chest area during pregnancy.

Avoid contact with the eyes.

Keep the device and the gel/cream away from children.

Do not store the gel/cream at temperatures exceeding 25 °C.

The gel/cream is intended for skin application only.

If you are treating someone else with your SQOOM, be sure to touch them with your free hand (skin contact) to ensure proper operation of the system.

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Guaranteed for 2 years.

**SQOOM**<sup>®</sup> antiAge

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